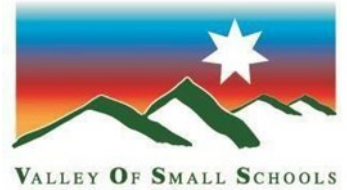




Newry News

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TERM 3 WEEK 5-6

27th August 2020

Term 3	
Week 6	
Friday 28th August	Final day to submit Premiers Reading Challenge entries
Week 7	
Wednesday 2nd Sept	2021 Kindergarten Parent Information ZOOM Session 6pm
Week 8	
Friday 11th Sept	Book Club orders due by today

2021 Kindergarten —ZOOM Session

Parents of our 2021 Kindergarten students, you would have received a ZOOM invitation for Wednesday 2nd September at 6pm for our Parent Information Night. Please check you email and accept the invitation, if you did not receive the invitation please contact the school.

Library News

We have had a number of new library books added to our collection lately, and many of them have been shortlisted by the Childrens' Book Council. These books are in the library and available for borrowing. Please remember to pack a library bag and to return any overdue books.



COVID-19 clarification and update

As the situation with COVID is constantly changing we are following the guidelines from the Department of Education. These points may help to clarify concerns or questions. Please contact the school to discuss further should you have other queries.

- All students with symptoms of COVID-19 (fever, cough, sore throat, shortness of breath, loss of taste, and loss of smell), even mild symptoms, should not be at school. Where a student is unwell arrangements will be made to send them home.
- If, after testing negative, ongoing symptoms which persist beyond 10 days, the student should see their doctor. The medical assessment should consider whether the symptoms are typical for that person (for example seasonal, allergic rhinitis), and provide documentation for the school if this is the case. If there are new symptoms at any time, the student should be tested again.
- For students who are unwell with respiratory symptoms, a negative COVID-19 test result must be received and sighted by the school.
- Where a parent is unwilling to allow their child to undertake a COVID test or provide the school with a negative COVID-19 test result, the student is to be excluded from school for a 10 day period. Additionally, the student must have been symptom free for at least 3 days before returning to school.

COVID-19 Testing Clinics

The NSW and Australian governments have established COVID-19 testing clinics and GP respiratory clinics throughout the region for people with mild to moderate respiratory symptoms. There is no charge to attend these clinics for assessment and testing.

NSW Health COVID-19 clinics are currently located at Tweed Heads, Byron Bay, Lismore, Grafton, Woolgoolga, Coffs Harbour, Macksville, South West Rocks, Kempsey, Port Macquarie and Wauchope.

GP-led respiratory clinics are located at Murwillumbah, Ballina, Casino, Yamba, Nambucca Heads, Kempsey and Port Macquarie.

COVID-19 testing is also available through private pathology providers on the North Coast with a GP referral.

For full details of North Coast COVID-19 testing sites, please visit the Healthy North Coast website hnc.org.au/north-coast-covid-19-testing. There is an interactive regional map with the location, opening hours and contact details of public testing clinics across the region.

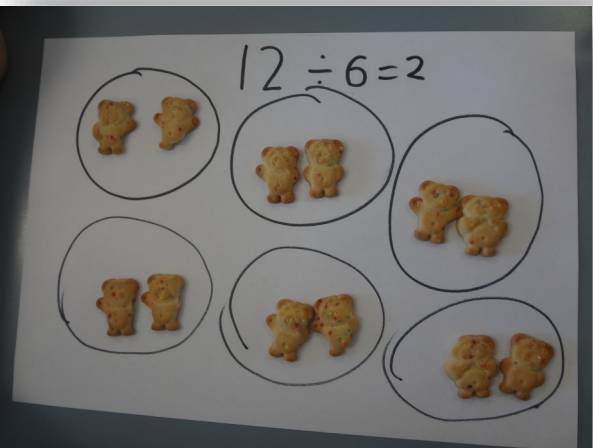
STEM - Egg Drop Challenge

The Junior class have been using their engineering and design skills to plan, create and test a vessel that will protect an egg after it has been dropped from a height. A range of materials were used and our creative ideas were put to the test.



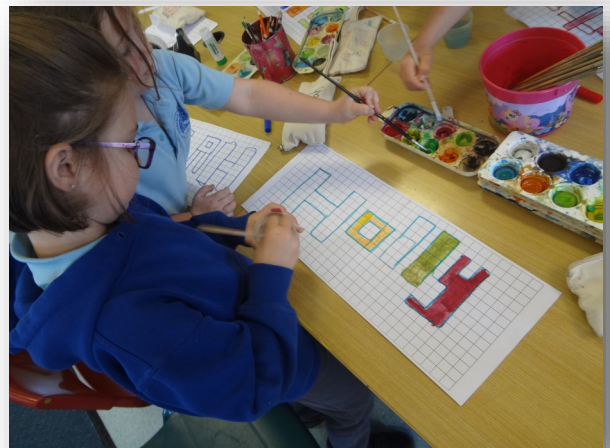
Junior Maths

How can we share 5 oranges fairly between 15 students? The Junior class have been learning to share items using the language of division and multiplication. We are also learning to express our division problems as an equation.



Junior Maths

In Maths we created name banners and measured the size of our names using squares. We then compared our names to our classmates to determine whether they covered more or less surface area.



Junior Art

We continued to use the style of Wassily Kandinsky to inspire us to create our own Kandinsky hearts. The black background was added to bring out our contrasting warm and cool colours.



Junior Art

We have also been researching artworks created by Spanish artist Salvador Dali. We discussed surrealism and created our own pieces of art inspired by Dali.



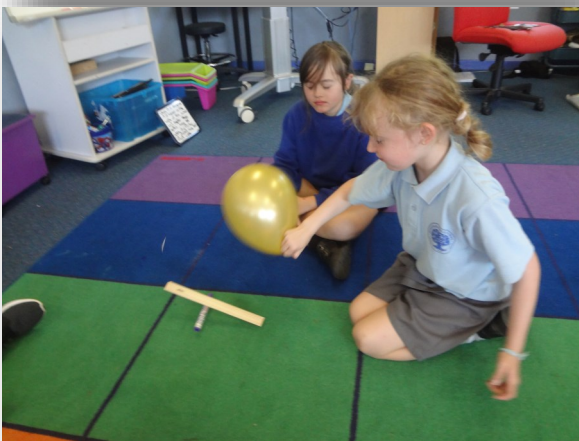
Senior Art

The Senior class are also investigating the works of Dali. They have created their own surreal clocks and have added these to backgrounds depicting other surreal everyday items.



Senior Science

What is gas? Does it have mass or volume? Once again we have had many wonderings during our Inquiry journey in to different states of matter. This week we carried out a number of investigations to find answers to our questions.



Senior Science

We have also been investigating molecules and atoms and how they behave different in liquids, solids and gases.



Live Life Well @ School

GET ACTIVE: BIKE SAFETY

Remember to CLIP, CHECK, CHIME!


It's a great time to get active by cycling safely outdoors

Just remind your children of these three steps each time.

1

Clip your helmet


You must always wear a helmet when riding your bike.



2

Check your brakes


Make sure your brakes are working.



3

Chime your bell

If you pass another rider or pedestrian, chime your bell.



For more tips and a video on bike care visit:

bicycleNSW

bit.ly/BNSWCOVID



Developed by Northern Sydney Local Health District

CHOOSE WATER as a drink

Water is the best drink. It has no added sugar. Fruit juice, soft drink, sports drinks and cordials have a lot of sugar. Kids should not drink these every day.

Tap water is the best choice. Most tap water contains fluoride which helps kids grow strong teeth.











HOW MUCH WATER SHOULD KIDS DRINK EACH DAY?

1-5 years  5 x 250ml glasses = 1.25 litres

6-12 years  6 x 250ml glasses = 1.5 litres

+ EXTRA WATER IF YOU ARE ACTIVE

HOW MUCH SUGAR IS IN DRINKS?

BEST CHOICE	 No sugar 250ml Water	 No added sugar 250ml Plain milk
LIMIT	 250ml 100% Fruit juice	 Not every day, limit to 1/2 cup (125ml)
AVOID - HIGH IN SUGAR	 250ml Cordial	 250ml Energy drink
	 250ml Fruit Flavoured drink	 600ml Flavoured milk
	 600ml Sports drink	 600ml Soft drink
	<p>1 teaspoon = 4g sugar</p>	



MAKE HEALTHY NORMAL

This resource has been developed by Western Sydney Local Health District, published November 2018